

PARANORMAL UNDERGROUND®

Volume 14, Issue 4

April 2021

**SDPRS' NICOLE
STRICKLAND**

Realtor Stories of
DEATH
DISCLOSURES

THE RAT CAT OF
EL YUNQUE

THE MAGIC OF
MOUNT SHASTA

THE MEADOW:
THE SOUTH'S
SKINWALKER RANCH

Why Are Some People
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CASE FILES: ELVIS HAS LEFT THE BUILDING ... MAYBE

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TABLE OF CONTENTS

CASE FILES OF THE UNKNOWN

- 22 Haunted Sites
Realtor Stories of Death Disclosures
- 26 Are We Alone?
The Meadow
- 30 Cryptids & Mythological Creatures
The Rat Cat of El Yunque National Forest

IN THE SPOTLIGHT

- 12 Haunted Entertainment
Watch for These Upcoming Super Scary Paranormal Movies!
- 14 Investigator Spotlight
Investigating the Vast Supernatural Realm: A Q&A With SDPRS' Nicole Strickland
- 20 Special Report
Haunted Humans: Do Past Lives Cause Paranormal Experiences?

PARANORMAL INSIGHTS

- 32 Personal Experiences: Paranormal Encounters
The House on Joppa Farm Road
- 36 Personal Experiences: Ghost Hunter Case Files
Elvis Has Left the Building ... Maybe
- 38 Mysterious Journeys
The Magic of Mystical Shasta
- 42 Metaphysics & Energy Healing
Transformation Tea
- 44 Sage Goddess: Spiritual Tools & Teachings
Prosperity: The Power of 5/5 at 5:55
- 46 The Shaman Windwalker
Walk-Ins: The Dangers of Séances

DEPARTMENTS

- 4 Contributors
- 6 Publisher's Letter
- 7 Coronavirus Resources
- 8 Paranormal News



20

26



38



22



14



12



46



44



32



36

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Kara is a recent graduate of Lafayette College, where she studied government and law and worked for her college's writing program and its Office of Sustainability. She loves reading and going to the beach, which conveniently make a great combination. In her free time, she also likes skiing, going on runs, and hanging out with her friends and family.

BOB FOUNTAIN

As an investigator and evidence analyst with Spectral Tech, Bob and the team help their clients find answers while helping to educate them about the paranormal in the process. As a special projects manager primarily involved in process engineering, and because documentation and analysis is paramount to serious investigations, Bob was drawn to take more than a passing interest and become actively involved in the study of different paranormal phenomena.

He has a bachelor's degree in applied organizational management and a bachelor's in metaphysical science from the University of Metaphysics. Bob is also an ordained minister/metaphysical practitioner with the International Metaphysical Ministry.

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Willie has appeared on A&E's *Cursed: The Bell Witch* and CMT's *Most Shocking Ghosts*. He also hosted a public access show in Louisville, Kentucky, for 12 years, called *Spiritual Gifts and Wonders*. In addition, he created a group of sensitives, called *Soul Warriors*, who are based across the U.S.



ORRIN GREY

Orrin is a writer, editor, amateur film scholar, and monster expert who was born on the night before Halloween. His stories of ghosts, monsters, and sometimes the ghosts of monsters have appeared in dozens of anthologies, including *The Best Horror of the Year*, and been collected in *Never Bet the Devil & Other Warnings* and *Painted Monsters & Other Strange Beasts*, while his writing on horror cinema has been collected into *Monsters From the Vault*.

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TREY HUDSON

Trey is the director of the Oxford (AL) Paranormal Society and its Anomalous Studies and Observation Group (ASOG). He is an Eagle Scout and former U.S. Army intelligence officer. He has a psychology degree from the University of West Georgia, where he studied under the likes of Dr. Bill Roll and other luminaries.



He has a 30-plus year career as a government security specialist specializing in security of sensitive assets, anti-terrorism, security of weapons of mass destruction, emergency management, and other specialty areas. He also served a tour in Afghanistan in this capacity. He currently lives in the Southern U.S. and has a wife and two adult daughters.

amazon.com/MEADOW-PROJECT-EXPLORATIONS-SOUTH-SKINWALKER/dp/B08M2FY1DS

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Cheryl is co-creator and editor-in-chief of *Paranormal Underground* magazine, cohost of the *Intention Is Everything* podcast, and producer of *Paranormal Underground Radio*. She has more than 30 years of experience as a professional writer and editor and has written thousands of articles on topics ranging from advanced technology to paranormal phenomena.

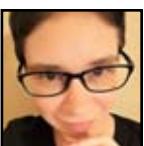


Cheryl's previous magazine experience includes roles as senior and managing editor for several niche publications and online media.

paranormalunderground.net

MORGAN LINEBERRY

Morgan is a graduate from the University of North Carolina in Greensboro where she obtained a bachelor's degree in English. She loves to write and maintains a healthy fascination with all things paranormal thanks to experiences with the unexplained that she has experienced throughout her life.



Morgan knows a little bit about a lot of paranormal topics from research she has conducted. She pledges to keep you up to date about things that go bump in the night via *Paranormal Underground*'s monthly news column.

MARIA MALDONADO

Maria lives in a small town in Maryland and is the proud owner of a five-year-old Cavalier King Charles Spaniel, named Paris. Maria is an author, who first began writing four years ago. She published her first audiobook in 2018, called *Unearthly Spirits: True Stories of Ghost Encounters*, which describes Maria's life experiences with the paranormal. She is currently collaborating with a producer on developing a paranormal series and writing her first paranormal novella.

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Kelly is the editor-in-chief of The Lineup and Murder & Mayhem. For the past 20 or so years she's written about music, film, TV, books, and paranormal news for a number of different places. Kelly's first anthology of short fiction efforts, *Terrible Stories*, was published by Budget Press in 2017.

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Athena is the founder and CEO of SageGoddess.com, a source of sacred tools and metaphysical education. She earned a doctorate from the University of Southern California in educational leadership and has 15 years of experience as a professor, corporate trainer and consultant, and educator. Athena's metaphysical experience includes expertise in gemology, astrology, tarot, aromatherapy, Reiki, and herbal medicine.

Through her writing, online courses, and material offerings, Athena helps others cultivate and maintain sacred space in their lives for peace, healing, and abundance.

sagegoddess.com



RAINBOW RADAELLI

Rainbow is a paranormal, abductee, and cryptid researcher along with her husband, Michael. She is an experiencer herself, dealing with paranormal phenomenon since childhood. The silk road of life has led Rainbow in many directions: cowgirl, medicine woman, gypsy, belly dancer, and truth seeker. All directions have paralleled each other, finally coming together in Rainbow's articles, research, and blogs.

truthseekerforum.com



PAUL DALE ROBERTS

Known as an esoteric detective, Paul has been reading and studying the unknown since he was a young boy. He has been to over 59 countries to document the paranormal. He worked for military intelligence from 1979 to 1986 and saw several top-secret UFO photographs, making him very interested in extraterrestrials.



Paul is a journalist for the *Costa Rican Times*, and his articles cover metaphysical topics and paranormal investigative stories. He is co-owner of Halo Paranormal Investigations. cryptic916.com

ALLIE ROOS

Allie is a Philadelphia native and a recent graduate from the University of Notre Dame, where she received her master's degree in classics. She loves to travel and has been to 12 countries, consuming copious croissants and cappuccinos along the way. In her free time, she also enjoys reading, baking lots of tasty treats, and spending time with her adorable dog.



MARIA SCHMIDT

As founder and president of Haunted Journeys, Maria's work focuses on historical preservation. As a Registered Nurse, Maria's paranormal experiences with the afterlife were enhanced working with gerontology and the death and dying stages of life. Later as the marketing manager of one of the most haunted inns in Florida, Seven Sister Inn, her curiosity further intensified, as she saw there was a purpose for their messages.



Maria helped establish National Ghost Hunting Day as a certified calendar entry. To celebrate this date annually, an event was internationally launched called the World's Largest Ghost Hunt that engages millions around the world. Celebrated on the last Saturday of each September, this global event dedicates itself to historic preservation, unity among stakeholders in the paranormal investigation field, and public awareness of the respectful merits and contribution of the haunted industry to the tourism market.

hauntedjourneys.com

CHAD WILSON

A freelance writer, Chad is co-creator and publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of www.ParanormalUnderground.net.



Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, and private residences among his investigations.

paranormalunderground.net ♦

Have You Had a Paranormal Encounter You'd Like to Share?

Email us at paranormalunderground@live.com. Tell us about your experience, and we may publish it in a future issue!

**PARANORMAL
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FAIRIES: ARE THEY REAL?

Paranormal Underground magazine usually covers ghosts, UFOs, and cryptids, but we also occasionally cover mythological creatures, such as fairies.

The subject of fairies sounds fantastical, and you might even laugh at the mention of fairies being real, but at one time, belief in the fae folk was serious business. And chances are, if you look hard enough, you will find people who still believe in the existence of fairies.

So, why is it so hard for many people to believe in the existence of fairies? Unlike in centuries past, when belief in the fae and the world in which they lived was more prevalent, in modern times a belief in fairies is more often than not relegated to children's stories and those with strong imaginations. Why? Mainly the lack of tangible proof for the existence of small, winged creatures that fly through the air. Nevertheless, there is always the possibility that fairies do exist and are simply very good at hiding themselves and their activities.

In fact, this subject was taken so seriously at the beginning of the 20th century that there was an actual organization dedicated to the study of fairies – the Fairy Investigation Society. Founded in 1927 by Captain Sir Quentin C.A. Craufurd, MBE and artist Bernard Sleigh, the organization existed for more than 60 years before closing down in the early 1990s.

The goal of the Fairy Investigation Society was to gather evidence that pointed to the existence of fairies, including letters, stories, and accounts of sightings of the fae folk. And while the society had many members, its most prominent might have been Walt Disney.

Maybe it is a good thing that fairies are not believed to exist, as accounts of them in the past were not always of nice, sweet creatures who flitted about – think Tinkerbell. Instead, there are tales of vindictive fairies getting their revenge on the common folk for the slightest offense.

There are also tales of fairies swapping out beautiful and healthy human children for more sickly and ugly changelings ... or abducting human adults to take back to the fairy realm for a variety of purposes, including marriage and servitude to fairy kind.

Real fairies would probably make an already scary world even more frightening.

Fairies and their ilk figure prominently in Irish culture, even until today. And while their existence is generally denied around the world, in Ireland, belief in fairies is a little more widespread, or at least there is a healthy respect for the topic. Because, one never knows.

Regardless of whether you believe in fairies or not, the idea of diminutive, magical creatures is quite appealing. So, if you find yourself out in nature, keep your eyes open. You never know what you might see, maybe even a fairy. ♦



Chad Wilson,
Publisher



Because most paranormal events have been cancelled due to the COVID-19 pandemic (also known as the novel coronavirus), in place of our Calendar of Events this month, we are providing you with a list of coronavirus resources.

For information on the pandemic and vaccines, you can visit the links below:

Vaccine Information

Centers for Disease Control and Prevention

www.cdc.gov/coronavirus/2019-ncov/vaccines/distributing.html

- How COVID-19 Vaccines Get to You

Ad Council COVID Collaborative: Q&A

<https://getvaccineanswers.org>

- Q&A

VaccineFinder

<https://vaccinefinder.org/search>

- Find COVID-19 Vaccines Near You

CNN Health

<https://www.cnn.com/2021/02/02/health/covid-vaccine-hesitancy-ques>

[tions-answered-wellness-trnd/index.html](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/answered-wellness-trnd/index.html)

- “If Your Loved One Is Hesitant to Get the COVID-19 Vaccine, Share This”

Pandemic Information

World Health Organization

www.who.int/emergencies/diseases/novel-coronavirus-2019

- How to Protect Yourself
- Country & Technical Guidance
- Your Questions Answered
- Travel Advice
- Situation Reports

Centers for Disease Control and Prevention

www.cdc.gov/coronavirus/2019-ncov

- How to Protect Yourself
- If You Think You Are Sick
- What You Need to Know
- Resources for the Community

Harvard Health Publishing: Harvard Medical School

www.health.harvard.edu/diseases-and-conditions/coronavirus-resource-center

- FAQs About Coronavirus and COVID-19
- Questions and Answers ◆

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UFOs, CREEPY HOUSES & FAMOUS CRYPTIDS

BY MORGAN LINEBERRY

DECLASSIFIED UFO SIGHTINGS

Unique UFO sightings are the best kind, like this one highlighted by Stephanie Pappas of *Live Science* last month. Unexplained sightings of UFOs will be released to the U.S. public, “including a UFO that broke the sound barrier without producing a sonic boom,” something a human spacecraft or plane can’t do. According to Pappas’s report, former director of National Intelligence, John Ratcliffe, described the declassified sightings as “difficult to explain,” which certainly beats trying to tell us they are weather balloons.

People are speculating, of course, saying that these UFOs could be anything from human technology that was not meant to be seen to an optical illusion known as a parallax, which “occurs when an object close to a camera lens appears to be moving.” My theory: aliens.



DEMON IN THE BEDROOM

It’s said that spirits, both good and evil, are attracted to children, and this story seems to be proof. Luke Matthews of the *Mirror* explains that a grandmother from Las Vegas, Nevada, who set up a motion-activated camera in her grandchildren’s room got more than she bargained for. After looking at the camera, Tory McKenzie “found a terrifying image of a figure



Photo: Kennedy News and Media

standing inches away from the sleeping children. The figure reportedly had a horn on its head and long claws.

Troy’s two-year-old grandchild had previously been heard pleading “go away” after she had been put to bed,” which raised red flags. Clearly there is something unpleasant in the house. Tory “attempted to rid the home of the ‘evil presence’ by burning oils,” but that only seemed to anger something and cause more paranormal activity.

MUMBAI BIGFOOT?

The town of Kota in Mumbai is on edge, according to a contributor for *Mumbai Mirror*. A strange video was released in January of what some “believe to be a gorilla.” But this bigfoot-like creature does not look like a gorilla in my opinion, as it seems less stocky and almost human. Others in the area have had similar sightings, and one witness even said the creature tried to chase him. You can watch the video by [clicking here](#).



LIZZIE BORDEN HOUSE SOLD TO NEW OWNER

The tale of Lizzie Borden is legendary. She was accused of killing both her father and stepmother via a hatchet in 1892. The site is supposedly rife with paranormal activity, and many ghost hunters have visited the property to try and document that activity.



Photo: dbking / Wikimedia

The house recently went on sale, and it didn’t take



presents

The 'INTENTION Is EVERYTHING' Podcast

KAREN FRAZIER



Co-Host

CHERYL KNIGHT-WILSON



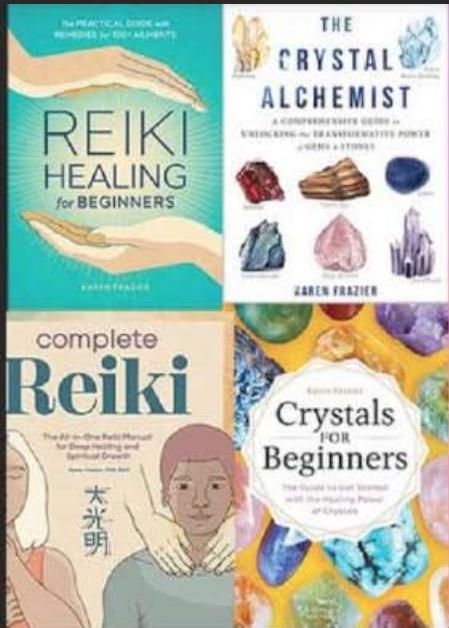
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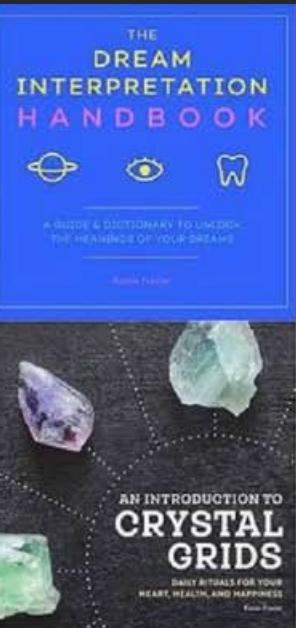
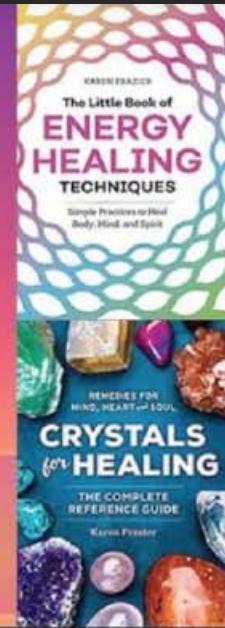
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and Center Yourself



AuthorKarenFrazier.com

long for someone to step forward and buy the spooky site. The property was just sold to U.S. Ghost Adventures, according to Jen Juneau of [People.com](#).

"We look forward to adding the Lizzie Borden house to our growing portfolio of haunted experiences and working with the staff to create new opportunities for guests," Lance Zaal, who founded the company in 2018, said in a press release. "We have exciting plans for the house that we'll announce in April. A healthy transition for the staff and preserving the historical site are our top priorities."

IMAGINARY FRIEND?

The [Mirror's](#) Courtney Pochin wrote about the terrifying side of imaginary friends. Or maybe this friend isn't imaginary at all! A mom overheard her daughter "having a good laugh while in the bathroom" and started recording it because it was cute. What happened next was anything but cute.

The bedroom "door can be heard slamming and then her little girl spookily proclaims: 'No one leaves the room.'"

Later when the mom questioned her daughter, the little girl said that she was talking with an imaginary friend. This sounds like a horror movie in the making. You can watch the video by [clicking here](#).



NESSIE SATELLITE IMAGE

Giant fish or latest Nessie photo? You decide. According to [ABC7 Eyewitness News](#) of New York, someone may have hit the jackpot with

this Apple satellite map image, which seems to show "a 100-foot-long creature floating under the surface of the north end of Loch Ness in the Scottish Highlands."

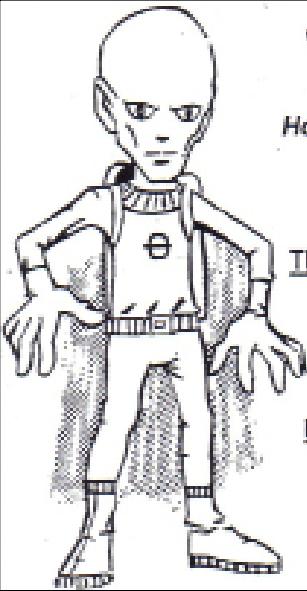
The creature is definitely large enough to fit the criteria of other Nessie sightings, and the lack of long neck could be attributed to it beginning to dive, curving its body. While there will always be doubters, Glen Campbell, founder of the Loch Ness Monster Fan Club, said "he's received at least two more reports of Nessie."

'THAT SCARED ME'

Don't you hate when you think your friend is overreacting but it turns out they are right? Well, this was one of those situations. A creepy video of two kids getting spooked has YouTubers disturbed, according to Luke Matthews of the [Mirror](#).



Two girls are sharing a snack at a small table when one looks into the kitchen and says, "That scared me." The parent filming assumes it is just the darkness. The other little girl laughs, making light of the situation, but when her friend flees, she turns around, then lets out a horrifying scream, "pushing the table away and running to join the others in floods of tears." Whatever they saw was more than just a dark room. You can watch the video by [clicking here](#). ◆



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WATCH FOR THESE UPCOMING SUPER SCARY PARANORMAL MOVIES!

VIA THE LINEUP



Photo: Jason Dent / Unsplash

DIRECTOR MICHAEL GOI'S 'ELEVATOR GAME' SOUNDS TERRIFYING

BY KARA BRAND

The Elevator Game will bring new life to the haunting urban legend of the same name. Originating in Korea and spreading through the Internet, the elevator game centers on a series of rituals, which according to some on YouTube and Reddit allow elevator passengers to enter another dimension.

However, those familiar with the eerie game are quick to share all sorts of stark warnings and chilling stories. One of the more paralyzing stories surrounding the elevator game centers on speculation about Elisa Lam's February 2013 death. Some have gone so far as to link her death in the Cecil Hotel to the mysterious game, citing unsettling footage that showed Lam in the hotel's elevator the night she disappeared.

However, the questions around Lam's case goes far beyond her experiences in the elevator. Authorities found her body in a water tank on the roof of the Cecil Hotel, which has been home to a variety of mysterious deaths throughout its history. While her death was ruled an accidental drowning, many question the bizarre circumstances of her death, as well as the dark history of the Cecil Hotel. Even Netflix has dug into her case, which is the subject of their upcoming docuseries *Crime Scene: The Vanishing at the Cecil Hotel*.

Drawing on mysteries and online lore, The Elevator Game crafts a chilling story. With the strange and unnerving game forming the central premise, the new film revolves around one teenager's horrifying experience.

After discovering his sister took part in the elevator game the night she disappeared, Dale dives into his own search after her. But he quickly finds the game to be far more terrifying than he could have imagined as he encounters "The Woman on the 5th Floor" and other unexplainable phenomena.

The film will be directed by Michael Goi, who is well-known for his work on *American Horror Story* and his extremely troubling movie *Megan is Missing*, recently made popular through TikTok.

An expert when it comes to horror, Goi intends to create lasting fears with *The Elevator Game*. Sharing his vision, Goi explained, "What *Psycho* did for showers, *The Elevator Game* will do for lifts. I want the audience to be taking the stairs after they see this film."

Filming will take place in Manitoba, Canada, with work expected to begin this summer. In the meantime, we will certainly be taking the stairs.

SAM RAIMI IS PRODUCING 'EVERY HOUSE IS HAUNTED' FOR NETFLIX

BY KELLY MCCLURE



Ian Rogers has achieved every writer's ultimate dream. His short story, *The House on Ashley Avenue*, included in his 2012 anthology *Every House is Haunted*, is the source material for a feature horror film for Netflix.

Horror legend Sam Raimi, who is most known for his work on *The Evil Dead* franchise, is set to produce the film, and Corin Hardy (*The Nun*) will direct.

Every House is Haunted will center on an insurance investigator looking into a claim that a couple's death was due to time spent living in a haunted house. Ian Roger's short story, *The House on Ashley Avenue*, was optioned by Starlight to be used as the basis of the film.

In perfectly spooky symbiosis, the story was a finalist for the Shirley Jackson Award after its initial publication in 2012.

According to *Deadline*, the film was shopped around within the industry the last week of March 2021, and Netflix came in as the top bid to greenlight the project. The script for the film is written by Jason Pagan and Andrew Deutschman, who previously collaborated on *Paranormal*

Activity: The Ghost Dimension. At the time of this post, no information has been provided as to the film's cast or release date. Stay tuned ...

'THE CONJURING: THE DEVIL MADE ME DO IT' TRAILER IS OUT!

BY ALLIE ROOS



Photo: Still from 'The Conjuring: The Devil Made Me Do It' via IGN

The trailer has dropped for the paranormal thriller *The Conjuring: The Devil Made Me Do It*, leaving us all to wonder how we'll be able to fall asleep tonight.

Based on a true story, the latest installment of New Line Cinema's lucrative horror franchise follows real-life demonologists and paranormal experts, Ed (Patrick Wilson) and Lorraine Warren (Vera Farmiga), as they investigate the demonic activity surrounding a young boy.

Things quickly devolve into bloody chaos, leading to a murder trial and a history-making defense: The devil made me do it.

Adapted from David Leslie Johnson-McCormick's script and the Warrens' own files, the film is directed by Michael Chaves and also stars Sarah Catherine Hook, Julian Hilliard (*The Haunting of Hill House*), and Ruairi O'Connor (*The Spanish Princess*).

Get ready to let the devil into your home on June 4, when the film hits HBO Max, or head to theaters to experience the horror on the big screen.

Check out the trailer here: www.youtube.com/watch?v=h9Q4zZS2v1k.

For more haunted entertainment news on the latest paranormal and horror books, TV, and movies, visit *The Lineup* at the-line-up.com. ◆

INVESTIGATING THE VAST SUPERNATURAL REALM

A Q&A With San Diego Paranormal Research Society's Nicole Strickland

By Cheryl Knight

Known as one of the leading paranormal researchers on the West Coast, Nicole Strickland's interest in the supernatural began in early childhood. It all started after Nicole and her family relocated to Las Vegas. She was just two years old at the time, but after the move she began to experience strange phenomena in her new house, including ghostly encounters.

The experiences fueled her curiosity into the unknown, and as she grew up, she read as much as she could about the supernatural. It wasn't until college, however, that a profound encounter with the spirit of her beloved grandmother catapulted her into becoming a paranormal researcher.

Nicole is a San Diego, California, native, and in 2009 she founded the San Diego Paranormal Research Society (SDPRS) and currently serves as its director and case manager. She is also the California Coordinator to the Ghost Research Society and American Spectral Society, both based out of the Chicago area.

Nicole has written several books about the paranormal, and you may even have read her articles on haunted phenomena in *Paranormal Underground* magazine. She has also been featured on *Good Morning San Diego*, *San Diego Living*, *My Ghost Story: Caught on Camera*, *Ghost Stories*, and *Famously Afraid*, among other TV shows.

Nicole recently spoke with us about SDPRS, its inves-

tigations, her own paranormal experiences and theories, and compelling evidence her team has captured.

* * * * *

Q: Please tell us a little about yourself, both personally and professionally.

Nicole: I graduated from the University of Arizona in 2001 with a bachelor's degree in media arts/journalism and earned a master's degree in educational counseling at National University in 2004. For years, I worked as an educator/school counselor with the San Diego Unified School District. I've recently tackled other interests, including freelance writing and producing.

I am an avid lover of history and writing, and I've written several books, including *Field Guide to Southern California Hauntings*, *The Haunted Queen of the Seas: The Living Legend of the RMS Queen Mary*, *Spirited Queen Mary: Her Haunted Legend*, *RMS Queen Mary: Voices From Her Voyages*, *San Diego's Most Haunted: The Historical Legacy and Paranormal Marvels of America's Finest City*, *Spirits of Rancho Buena Vista Adobe*, and *The Afterlife Chronicles: Exploring the Connection Between Life, Death and Beyond*.

I sometimes share my passion and knowledge



As one of San Diego's leading paranormal researchers, Nicole Strickland is the founder and director of the San Diego Paranormal Research Society.

about the paranormal by speaking at conferences, business events, and libraries. And I work as executive producer/co-host for *Haunted Voices Radio*. I recently debuted my radio show, *The Afterlife Chronicles and Beyond*, which was selected by “Feedspot” as one of the top 25 programs on the afterlife.

Q: Talk about your paranormal group and its mission.

Nicole: We pride ourselves on being a small, close-knit paranormal investigative team. Ali Schreiber serves as the team’s co-director and co-host of the “Spirits of the Adobe” tours at the Rancho Buena Vista Adobe. We’ve been hosting these fundraising paranormal tours since 2011.

Associate members include:

1. Joanne Yates: paranormal investigator
2. Marie D. Jones: best-selling author, screenwriter, paranormal researcher
3. Todd Bates: EVP specialist, WLTK-db radio station owner, host of *Haunted Voices Radio*
4. Thomas Durant: occult specialist and paranormal researcher
5. Dawn Short: spiritual consultant and psychic medium
6. Gabe Selak: (in memoriam) Gabe was our historical consultant and worked for the San Diego History Center

We cover cases within San Diego County, Southern California, and out-of-state. We help assist clients by attempting to identify the types of activity occurring at their location, helping to ease anxiety associated with those events, and to further assist in bringing resolution to the case.

SDPRS strives to document various types of paranormal phenomena through the use of audio, video, photography, and other specialized equipment and environmental monitoring devices. We enjoy educating the general public about ghosts, spirits, hauntings, and paranormal investigative techniques/strategies.

SDPRS is comprised of dedicated and caring individuals who respect the field at large, our clients, and the spiritual energies we work with.

Q: Why did you decide to start a paranormal investigative team?

Nicole: My passion for being out in the field grew exponentially, and it was a natural course for me to develop my own team.



SDPRS co-director Ali Schreiber (pictured left) and Nicole Strickland (pictured right) at the Rancho Buena Vista Adobe for a book signing.

Q: Tell us about your own paranormal experiences.

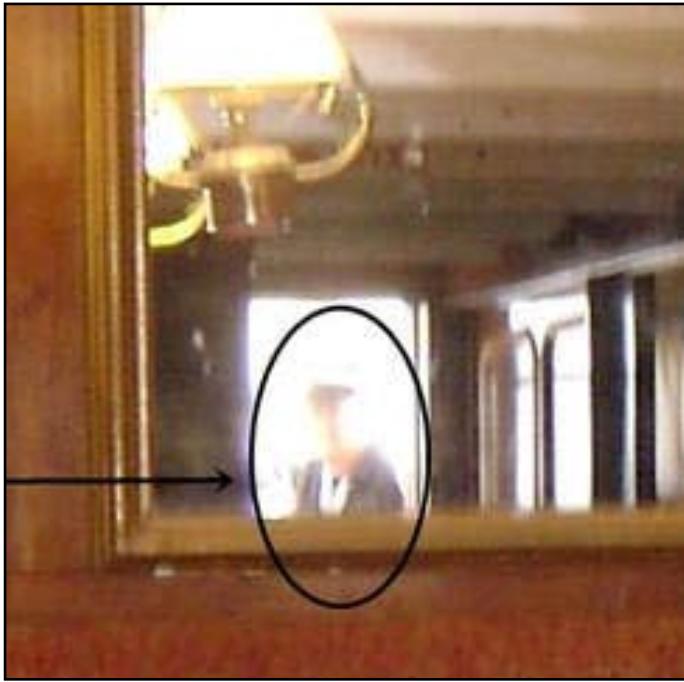
Nicole: Growing up in Las Vegas, Nevada, I encountered the ghost of an old man from the Old West/Gold Rush days. My first profound experience occurred in my college apartment when I saw the fully manifested apparition of my maternal grandmother, Helen Lopinto.

Several years later, while giving a tour at the Rancho Buena Vista Adobe, I captured my grandfather’s (Andrew F. Lopinto, M.D.) spirit vocalization saying, “Nicole, I love you.” Right after that, Helen came through saying, “Fulvio, go home dear.” Interestingly, my grandfather’s nickname of “Fulvio” was only known to the immediate family.

At our time share, I also encountered the spirit of my paternal grandmother, Marion Strickland. I heard her say something and immediately recognized her voice; minutes after that, I distinctly smelled her perfume while a strong sense of pure peace permeated the room.

Q: What interests you most about the paranormal?

Nicole: I believe that there is an invisible matrix that connects humans with the spirit realm and other dimensions.



The SDPRS team captured an anomalous figure in the doorway aboard the *Star of India's* (*Euterpe*) main deck captain's quarters during a paranormal case study.

Those connections are being fostered, and once they are completely established, we will be enveloped with higher knowledge, deeper perspectives, and a profound awareness of our universes and galaxies.

This is more or less a personal opinion, but I firmly believe that studying the supernatural realms can help us to become more aware of ourselves and our individual paths and contributions to humanity; additionally, those who investigate the otherworldly will learn to cope better with grief/loss and be more at ease with their own eventual mortality. Furthermore, paranormal research allows us to dip back in time and learn about the people who walked the land before us. Perhaps, the intangible and often obscure aspects of anomalous phenomena are what makes it so amazing to study.

Q: What different types of locations has your team investigated?

Nicole: We primarily serve San Diego County and the Southern California area. The team has investigated numerous private residences, businesses, and historical locations. Some of our local San Diego historical sites include the *Star of India*, *Berkeley Ferryboat*, William Heath-Davis House (The Davis-Horton House), Pine Hills Lodge (Julian, CA), Rancho Buena Vista Adobe (since 2010), AVO Playhouse, Buckman Springs, PSA 182 plane crash site, Cosmopolitan Hotel, Serra Museum/Presidio Park, Escondido Public Library, and Chula Vista Public Library.

The SDPRS team has also conducted research at Preston Castle (Ione, CA), Warner Grand Theater (San Pedro, CA), The White House Restaurant (Anaheim, CA), Linda Vista Hospital (Boyle Heights, CA), USS Hornet (Alameda, CA), the Sybil Brand Institute (Los Angeles, CA), and the RMS *Queen Mary* (since 2005).

Along with the Ghost Research Society headed by Dale Kaczmarek, I have investigated Waverly Hills Sanatorium (Louisville, KY), Lincoln Theater (Decatur, IL), Graveyard X (Central Illinois), and the Robinson Bowling Alley (Robinson, IL).

Q: What equipment do you usually take with you on an investigation?

Nicole: SDPRS blends both intuition, metaphysics, and science approaches on its paranormal case studies. We use the standard equipment, including infrared/full spectrum cameras, IR trap cameras, digital cameras, various digital audio recorders (ZOOM, Tascam, Olympus, etc.), binaural microphones, motion sensors, EM pumps, ghost boxes, Ovilus, and laser grids, among others. We also use standard environmental monitoring devices, including EMF detectors, ambient temperature sensors, static detectors, Geiger counters, geophones, etc.

We also employ the use of dowsing rods, pendulums, and various amplifying crystals. However, with all of the equipment in a paranormal researcher's arsenal, we firmly believe that the best piece of "equipment" is the human body itself.

Q: How do you approach a case?

Nicole: Our team is very protocol-driven. In short, our steps to a case study include:

1. Initial contact and interview(s)
2. Preliminary investigation(s) and commencing of supplemental research (historical, archaeological, genealogical, etc.)
3. Actual investigation(s)
4. Case review/team debrief, data analysis, case report writing
5. Meeting with clients to go over results and further recommendations

Most often, we conduct further case studies, which is beneficial to acquire a greater overall picture of the anomalous phenomena. During this time, supplemental research is ongoing.

Q: What methodologies do you use during investigations?

Nicole: We look at our cases like an undone puzzle. We attempt to logically put the pieces of the puzzle together

by approaching our research from various angles. We take into account how the living may influence and/or cause phenomena in addition to how Occam's razor and the historical tapestry and background of a location factor into the entire project.

We utilize the methodologies that are often practiced on a case study. These include EVP; Estes Method and ITC experimentation; spirit photography; environmental monitoring practices; divining rod, pendulum, and crystal implementation; and psychic mediumship. We pay heavy attention to our bodies' senses and reactions.

We don't rely heavily on one particular methodology but use various ones in tandem, as the results often unveil an overall story. We believe that personal encounters and physical responses in conjunction with captured objective data help to corroborate the authenticity of paranormal activity.

Q: What is the most important part of a paranormal investigation?

Nicole: The most important parts of a paranormal investigation include:

- Being able to step out of comfort zones and apply strategic observation and meticulous scrutiny of the case study process; applying the symbolic magnifying glass to examine a situation from various angles; and breaking down the case study piece-by-piece to gain a further in-depth understanding of what may be going on at a haunted and/or paranormal-infested location.
- Having a healthy dose of skepticism mixed with an open mind; being physically, emotionally, and spiritually centered and grounded before, during, and after each case study.
- Applying the "Golden Rule": Treat others as you would want them to treat you. This applies to fellow team members, client(s), locations, and earthbounds/spirits.

Q: How does teamwork factor into your investigations?

Nicole: Cohesion and collaboration among team members is crucial to the entire investigation process. Team members should feel comfortable with offering and accepting constructive criticism, as it helps us to learn and grow.

The entire team needs to understand the importance of listening to different opinions and perspectives without placing unneeded judgment.

Q: What case will you remember the most and why?

Nicole: There are so many cases that are memorable to us. However, one of them that stands out occurred on the RMS Queen Mary in 2011 on the anniversary of



Nicole at Barnes & Noble in Encinitas, California, for a book signing of *Spirits of Rancho Buena Vista Adobe*.

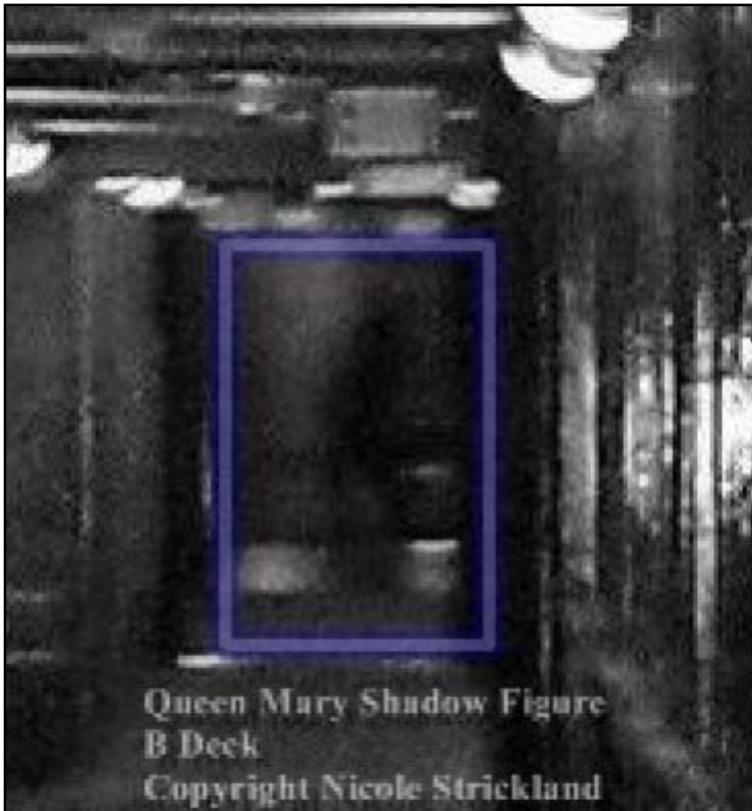
the Titanic's tragic demise. Along with fellow colleagues, we held a commemorative ceremony/paranormal study aboard the ship in R Deck Forward.

During the course of the night, we captured several unique EVPs and disembodied vocalizations that strongly coincided with the Titanic's crew, passengers, and history.

Q: What is the most compelling evidence of the paranormal that you or your team has captured?

Nicole: During a case study at the William Heath Davis House in San Diego, we heard the voice of a little girl and captured her saying, "My name is Lillian, and I am trying to talk to you." Prior to this capture, I had a personal/intuitive encounter upon entering the premises. In my mind's eye, I saw a young girl (10 or 11) with brown eyes and long, brown hair approach me. I then saw a historical photo of a young girl on the wall at the base of the staircase, which I found out was Lillian Davis. The child in the photo completely matched the girl I saw in my mind's eye. This is so memorable because it demonstrates a personal experience being corroborated by objective data.

Q: Talk about common misconceptions about the paranormal field that you've encountered?



SDPRS captures a shadow figure on B Deck aboard the Queen Mary in Long Beach, California, during an investigation.

Nicole: Various misconceptions about the spiritual world can directly influence how an individual identifies with the beings that dwell in that domain. Over time, society is the culprit for initiating these mistaken beliefs. Of course, it's not done maliciously; however, the lasting effects can leave an unhealthy imprint on how we collectively perceive the afterlife.

We need to question the belief that ghosts and spirits are out to harm the living. As depicted in various media creations, ghosts and spirits don't morph into creepy forms. They don't maliciously come out of the woodwork in chilling ways to frighten the living. It's the living realm that creates and interprets this belief.

It's an honor to have an experience with a member of the afterlife. When such an encounter occurs, don't let years of socially imbedded falsehoods about the spirit world dictate how you should respond to and perceive the event. Listen to your inner wisdom and heart, as they are the conduits for providing the deeper meaning behind the connection.

Q: Whose work in the paranormal field do you respect the most and why?

Nicole: There are so many people I admire, which include various founding fathers and early researchers, as

well as those I have met along the way in the past 20 years. I admire those who have an unyielding passion and genuine dedication to studying the supernatural.

I firmly believe that strong egoism and paranormal research don't mix whatsoever; thus, I truly respect those who approach their research from a humble heart and soul, as I do.

Q: What locations do you have on your wish list to investigate?

Nicole: There are so many locations on our "wish list." Some of these include Myrtle's Plantation, Hearst Castle, Trans-Allegheny Lunatic Asylum, Ohio State Reformatory, Alcatraz, Stanley Hotel, Gettysburg, the Alamo, Roman Colosseum, Tower of London, among many others.

Q: What words of wisdom would you offer new paranormal investigators?

Nicole: Let your innate curiosity and steadfast desire to study the unknown be the driving force; don't get involved for superficial reasons. Always trust your intuition, as everyone has it and has the ability to further hone it.

Don't rely just on the theories and opinions that exist as of now; feel free to use your creativity and intelligence to develop new techniques and hypotheses. Apply the Golden Rule as it will further guide you.

Q: What would surprise our readers the most to hear about your team?

Nicole: One of the San Diego locations we investigated in 2010 was robbed while we were there on the premises. Two armed men with guns stormed into the site's kitchen. Luckily, I am still here writing this piece. I can't stress enough how important it is for teams to have a signed permission and liability waiver (as we were required to show that to the police) and pre-planned emergency protocol procedures for a variety of situations — earthquakes, fires, burglaries, illness, and injury, etc. At least one or two team members must be CPR and first-aid certified.

We've also been featured in a variety of San Diego media outlets, including newspaper, magazine, television, and radio.

* * * * *

To find out more about Nicole and SDPRS, visit www.sandiegoparanormalresearch.com, www.authornicolestrickland.com, www.facebook.com/SDPRS, and www.facebook.com/authornicolestrickland. ♦

Rick Hale

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HAUNTED HUMANS

Do PAST LIVES CAUSE PARANORMAL EXPERIENCES?

By Rainbow Radaelli, Truth Seeker Forum

What's in a memory? Are our dreams really ours, or are they borrowed time and again from past memories of lives lived beyond the scope of our remembering? Can we haunt ourselves and mistakenly think that something else is affecting us from an outside source, or can it be unfinished business from long ago tragically forgotten?

These questions are important to ask for one very good reason: What causes specific people to experience more hauntings than others?

In some families, there are those undeniable few who experience nothing. Why is that? Do ghosts or spirits pick on a selected few, or can there be more to the story. What if past lives are a part of the equation?

There are a multitude of reasons why people experience hauntings, but after so many years of researching these stories, I have come to the conclusion that there is a quagmire, a tangled web of drama that extends itself into multiple lifetimes. How long can pain and suffering exist? I think the answer is lifetimes.

Haunted Stories of the Past

Haunted stories are passed down from generation to generation, and if they are told well, they don't need a lot of embellishments. The dark shadow in the woods type of stories are a favorite for many YouTube channels, and this is because there is a monster fetish at the moment that has hit a fever pitch in popularity. Dogman, Moth-

man, Sasquatch, or the Rake are popular not only in lore, but also in the haunted story genre.

But what about the encumbered and haunted person who experiences a lifetime of hauntings that follow them into the woods, into their homes, or even follows their generations of families, extending into a global phenomenon? To me, there couldn't be a scarier story, because scary stories are fun to listen to, especially if they happen to someone else. But if the story impedes on someone's daily life, it then becomes a living nightmare. It becomes the tormented and embroidered detail that is worn day in and day out.

The cross to bear can be generations long, because in each family there are empaths and clairvoyants who carry the weight of foresight. Sometimes within families, interesting connections can be made from ancestors, such as grandparents, aunts, uncles, and siblings. One example is the fact that I never met my maternal grandmother. She died in childbirth when my mother was a very young child. Yet a medicine man told me that I was her unborn baby she had lost a few years prior to having my mother.

I have grown up with a sense that I knew her even though she died way before I was born. (Strange isn't it?) When my mother was dying earlier this year, my grandmother showed herself to me in my parents' kitchen, hands on hips asking me in Spanish why the dishes weren't done. I knew she had come to escort my mother



Photo: Pat Berrett

to the light, as well as my Father who had died 44 days earlier. The eternal circle of life came around to its beginning, and I was aware of the circle closing in on itself, yet knowing there is no beginning or no ending, just the eternal journey of the soul.

Lessons From the Medicine World

In the medicine world, there are some great and legendary medicine men and women who live as the ancients did when magic and ceremony were more commonplace. I have heard of stories where these medicine men and women lived in two worlds effortlessly and easily. They had the ability to enter the veil and communicate with spirits, beings, and even other humans, depending on where they traveled to. They have the ability to see what the average human can't or has chosen not to see. Sometimes choosing to be blind to certain things only adds to the heartache in the end.

I have only met two medicine men in my life who lived in two worlds and carried the weight of this ability to their core. Can the soul be haunted because of this, or is it that once we pass into another realm "at will" it changes our perception of this reality and enhances our inner light.

Where does our third eye, the pineal gland, come in? Can people who experience more hauntings have an overactive pineal gland? If the third eye is the perception beyond ordinary sight, would it not enhance experiences with the paranormal? The more we use this ability, consciously or unconsciously, perhaps the more hauntings we experience. It could also explain why some people don't have experiences or don't see spirits. They block it.

Trusting Your Third Eye

From a very early age I could see ghosts, spirits, and entities that sometimes communicated with me. What became scarier for me was the reaction my family had with me seeing these things. The imaginary friend explanation is a comfortable excuse, but it doesn't fill in the blank.

Communication and an open dialogue with something invisible has to do more with the perception of the child being unadulterated. What is real to a child, is exactly that. The rational mind of an adult will fill in the uncomfortable blank for what they can't comprehend. To me what is more interesting with this scenario is the fact that adults are so far removed from themselves that they can no longer trust their third eye.

Perhaps humans become haunted because they have stepped away from their natural way of existing. We aren't



Photo: Darius Bashar / Unsplash

supposed to be afraid of seeing past the veil or venturing beyond an ordinary existence. But I must say, what haunts me the most is what I have forgotten or let go of. It's not just about seeing what others have forgotten or can no longer see, it's about placing our lives on a path where we won't be forgotten.

If there are those who somehow have fallen through the cracks of time, how they must brood within the knowing there is no more distant memory of them. This truly would make for a haunted human even more so than one who haunts the living asking to be remembered.

"Ghosts are guilt, ghosts are secrets, ghosts are regrets and failings. But most times, most times a ghost is a wish."

— Steven Crain ♦

SOMEONE DIED IN HERE

Realtor Stories of Death Disclosures

By Orrin Grey, The Lineup

If you watch a lot of scary movies, it may seem like everyone who buys a new house is in danger of moving into someplace haunted — and who knows, they just might be!

After all, a [2019 analysis by realty Website Zillow](#) found that only four states had laws on the books regarding the disclosure of reported paranormal activity on the premises. Only a few more than that — nine states in all — had laws surrounding the disclosure of a death in the house.

This is partly to protect sellers from the risks of disclosing property facts that could cause “stigma” or “psychological impact.” In this case, that describes any detail about the home’s past that is not considered germane to the quality or safety of the structure itself yet might nevertheless predispose potential buyers against it ... those pesky poltergeists, for example, or the fact that the home was the site of a suicide or a gruesome slaying.

Some realtors nonetheless take it upon themselves to inform a potential buyer, even if state law doesn’t require it of them. The code of ethics of the National Association of Realtors doesn’t address the issue directly, but it does suggest that realtors are obliged to look out for the best interests of their clients.

“We interpret that as if we know, you should know,” Mark Ryan, a real estate broker with Remax, told news site [Dayton 24/7 Now](#) in 2019.

For the most part, however, these laws (or lack thereof) protect sellers, not buyers. If a buyer really wants to know the history of their potential new dream home, they often have to take it upon themselves and do some Internet sleuthing into their future address or simply ask the neighbors. There’s even a whole Website dedicated to just that. For a fee, [DiedInHouse.com](#) claims to do a background check and report any deaths, suicides, and



even hauntings in a house’s history to concerned buyers.

Of course, some homeowners might be happier not knowing what happened in the place before they bought it. Even for those who don’t consider themselves superstitious, it may be hard to look at your new kitchen the same way if you know that it was the scene of a grisly murder, granite countertops be damned.

Here are a few real-life stories of buyers and renters learning that they are living in the same space where someone else lost their life.

‘You Left Someone Behind’

“I saw a ghost in my mom’s house in 2004,” [Reddit user U-94](#) reported, “really bad experience. Anyway, a couple of years ago my mom saw a woman taking pictures of the house from the street. She asked her what she was doing, and the lady replied that her family used to live there.”





NEW YOUTUBE CHANNEL

*“Dimensional Walking
A Paranormal Journey”*

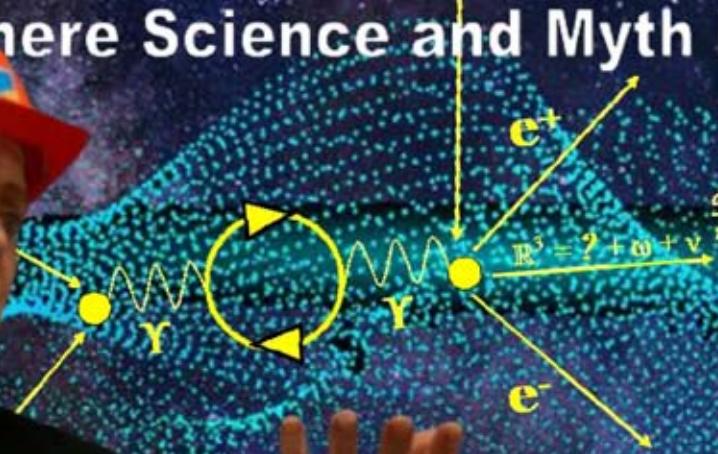
Sasquatch, Dogman, UFOs, Abductions, Hauntings, Aliens, Contact, Portals, Witches, Skinwalkers, and much more!

Rainbow and Michael discuss stories and accounts, getting into the mind of experiencers and abductees.

[www.youtube.com/channel/UCI3Dv4rY6SzAyJrOFaB21HQ/FEATURED](https://www.youtube.com/channel/UCI3Dv4rY6SzAyJrOFaB21HQ/featured)

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Photo: [Josh Olalde / Unsplash](#)

When the poster's mother joked that they "left someone behind" when they moved out, "the lady was like, 'Oh that's probably Uncle so-and-so.'" With a name to go on, the poster did some online sleuthing, eventually finding out that the uncle in question had died in the house in 1998.

That didn't help as much as the poster might have wanted, though. "Having a name, identity to target the ghost doesn't really ease my anxiety when I visit my mom over the holidays."

An Arizona Murder Spree

According to reporting from the *Daily Independent* in Peoria, Arizona, an unidentified couple moved from the United Kingdom to the Phoenix suburb of Fountain Hills. At the time, they had no idea that their home was the site of a double homicide, part of a six-death murder spree that had shaken the community in 2018.

The couple said they only found out about the murderers from their neighbor. However, they decided to stay and stick it out, calling the neighborhood "very friendly." They stated further, "After fully understanding the events that occurred, we have accepted that it was not a random event and as the perpetrator is dead we feel safe that our home is not a target and we are happy living here."

Not Necessarily the Best Way to Find Out

"I found out after our offer was accepted that there has been a death in the house we are buying," [Reddit user gem_fish](#) posted, asking if anyone else had ever bought a home where there had been a death. "We got the keys

yesterday, and the previous owners left a Ouija board behind, and it really rubbed me the wrong way."

Though the previous owners may have just had a dark sense of humor, many of the commenters agreed that it was a creepy move, and overall a bigger concern than the undisclosed death in the house.

'Pretty Messed Up'

Accounts of people who discovered that their homes were the scene of violence or death range from the prosaic to the incredible — or simply the difficult-to-credit.

"Not me, but close friend of mine," commented [Reddit user Mortimer452](#). "Apparently, the previous owner committed suicide by hanging himself from the eave on the peak of the roof, right in front of his girlfriend, who was tied up in a chair in front of a picture window and forced to watch it happen. Neighbor is the one who cut him down from the roof before the school bus came through to pick up kids. Pretty messed up."

As commentator [TwistyTurret](#) pointed out in the same thread, "This sounds suspiciously like the makings of an urban legend."

Speaking of urban legends, "Apparently a suspected witch had a farmhouse on the land where my apartment now stands," [Reddit user harlynnannette](#) claimed. "That might explain the old woman standing over people's beds at night."

Not Everyone Minds

"The house I spent most of my childhood in was one that a woman died in," [Reddit user Typick](#) said. "It really had no bearing on what a good house it was."

The comment was posted in a thread asking users if they would buy a house where someone had died. Many pointed out that people dying peacefully in their homes was once a common occurrence and that more homes than we realize probably had a former occupant perish in them.

"When I was little I slept on the bed that my great grandpa died on in the room that he and my great grandma died in," user [myrddinwylltemrys](#) replied. "Death doesn't bother me." ♦

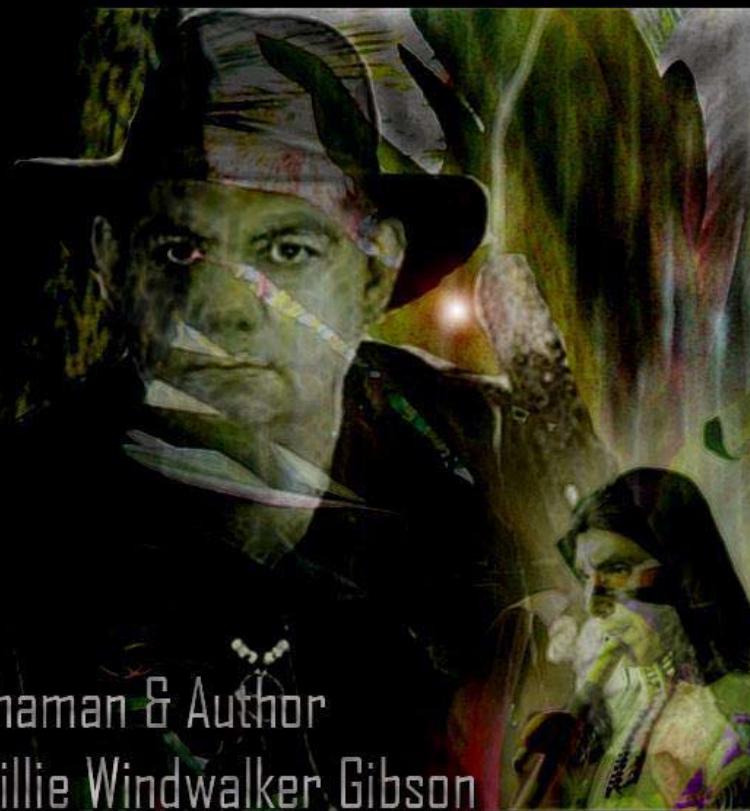


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THE MEADOW

By Trey Hudson

“Damn, it is hot.” This was the thought of Darrell as he sat in the remote meadow, slowly cooking in his own sweat. Even though the sun had set a few hours ago, the heat and steaminess still persisted on this July evening — July 22, 2016.

Here in the southern U.S., the night provided no respite from the oppressive summer humidity. Darrell nudged his partner, Tim, and asked, “Do you see him yet?” Tim, a physicist and former U.S. Army Ranger brought his thermal monocular, known as a FLIR unit, to his eye and scanned the meadow and the ridgeline to the south. His search yielded no results.

Both researchers, members of the Anomalous Studies and Observation Group (ASOG), were watching for their friend and fellow team member, Bob. Bob had the mission of traveling along the southern ridge to provide overwatch of the meadow with his own FLIR and to see if anything or anyone could be driven into the meadow below.

It was a long shot, nevertheless it was worth a try in this untested research location. Tim and Darrell were concerned that Bob was up on the ridge by himself. They knew that in the best of circumstances and in the best of locations things can still go horribly wrong.

Earlier in the evening, Bob had arrived at a well-known and stationary landmark and had no recollection of how he had arrived at the location. He sounded confused and bewildered as his voice crackled through the static of the team’s handheld radios. It seemed as though Bob had experienced “missing time.”

Asked, via radio, if he was alright, Bob replied that he

was now fine and he would continue up the ridge to complete his task. All this had put the entire team on edge. Hence the concern and apprehension in locating their friend as soon as he descended from the ridge top.

Tim and Darrell received a radio transmission and quickly learned that Bob had dropped down into the far west end of the meadow and had connected with another group already manning an observation post in that remote end of the field. Darrell and Tim were told that



“Earlier in the evening, Bob had arrived at a well-known and stationary landmark and had no recollection of how he had arrived at the location.”

Bob had stopped to talk to the remote ASOG team and was now heading east toward their location. Bob himself radioed that he was not in a hurry and would move at a leisurely pace.

Soon Darrell was able to pick up Bob’s man-shaped heat signature as he made his way across the broken





“Darrell watched in shock and wonder as Bob’s heat signature went from man shaped to a sphere of heat and proceeded to move 300 feet in eight seconds.”

ground, again moving at a careful and purposeful pace. Darrell told Tim that he had located Bob and he was now making his way toward their location. Tim and Darrell were relieved that they now had eyes, albeit augmented by the FLIR scope, on Bob and he appeared to be well. Then something amazing happened.

Darrell watched in shock and wonder as Bob’s heat signature went from man shaped to a sphere of heat and proceeded to move 300 feet in eight seconds, a speed of roughly 25 miles per hour over rugged ground. As quickly as it had happened, Bob’s image once again became man shaped. Tim and Darrell feared the worst for their comrade — surely one could not have experienced the transformation they had just observed without ill effects. They quickly made their way to intercept Bob as he moved east.

They met Bob at the edge of the clearing and asked if he was alright. Bob replied that he was fine, why were they asking. Both men explained that they had seen Bob transform into a ball of energy and move at inhuman speeds. Bob scoffed and said for all he knew he was just walking along at a normal pace; he had experienced nothing out of the ordinary. As far as he was concerned and from his perspective, time flowed in a normal manner with no change to his physical being or nature.

When all the teams met back at base camp and compared notes, no explanations were concluded nor were they forthcoming. Collective shoulders were shrugged and it was struck up to another amazing, weird, and unexpected incident of high strangeness in the Meadow.

There are several epicenters of such strangeness that

have been ingrained into our world culture. The Hessdalen Valley in Norway; the Hoia-Baciu Forest in Romania; Japan’s Aokigahara Forest; the Mesa Verde dwellings in New Mexico; Stardust Ranch near Rainbow Valley, Arizona; and of course the legendary Skinwalker Ranch.

The above account would be at home at any of these world-famous locations. However, the site, known among researchers simply as the “Meadow,” is the location of this and other astounding events.

Discovery of the Meadow was one of those serendipitous happenings that one hears about from time to time. Its precise location has not been compromised and, therefore, has not been laid siege by curiosity seekers and other people looking for a quick thrill. In short, the site is pristine and inviolate. This makes it unique and special among these types of locations.

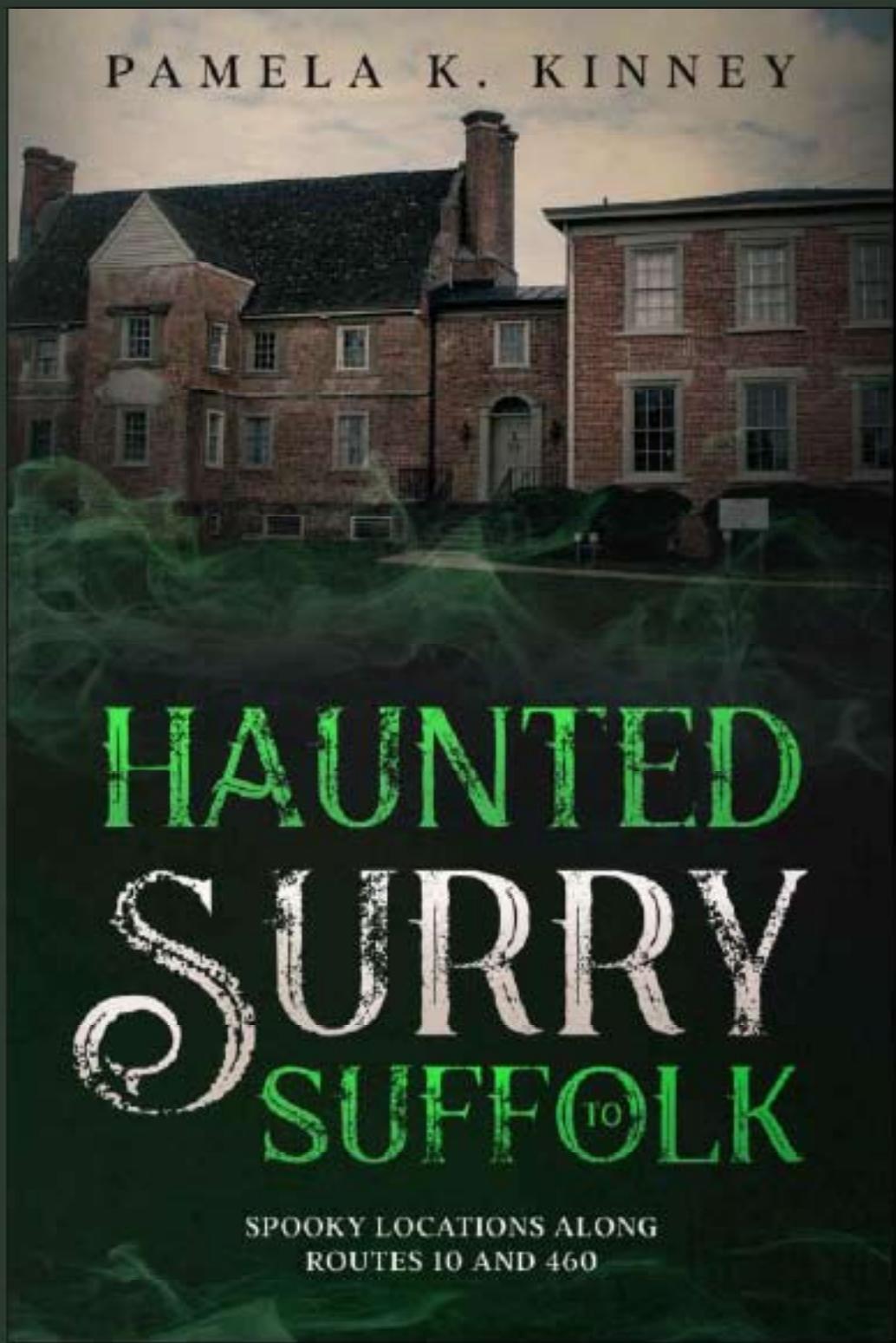
The Meadow and its surrounds have been the subject of numerous investigations and research since 2016. The various events and phenomena encountered is nothing less than breathtaking. It has been compared to Skinwalker Ranch itself with reports of UFOs, cryptid beasts, portals, missing time, crop circle-like formations, men/women in black, orbs, strange beams of light, beings of energy, and other oddities.

Finally, after several years, all the research and field notes have been compiled into book form and released to the public in a comprehensive book. *The Meadow Project: Explorations into the South’s Skinwalker Ranch* will take you along the amazing journey from its discovery to the most recent investigations. You will get to meet the researchers and experience their excitement, apprehension, and sometimes loss.

It is an amazing story that does not belong to any one person or group. It is rather the world’s story. Hopefully, the next generation will be motivated by this account, much like the young boy in the 1970s who was inspired by the books of Brad Steiger, John Keel and the *In Search of...* television show. That young boy eventually grew up, discovered a mysterious meadow, and ended up writing a book himself.

“The Meadow Project: Explorations Into the South’s Skinwalker Ranch” is now available on Amazon.◆

No matter which road you take to visit the towns and countryside along Routes 10 and 460 in Southeastern Virginia, the phantoms can't wait to SCARE you a good time.



Available on Amazon

THE RAT CAT OF EL YUNQUE NATIONAL FOREST

By Paul Dale Roberts, Halo Paranormal Investigations

While sitting at the San Juan Airport and waiting for my flight to St. Thomas, I got into a conversation with a local named Sebastian De Leon, who was also flying to St. Thomas. We talked about the Bermuda Triangle and a strange sighting that he experienced in 1978, when he was 16 years old.

Sebastian and his father were hiking and exploring El Yunque National Forest in Puerto Rico when they came upon a very strange creature sitting in a tree. The creature looked like a black and white house cat, but to their surprise, it had a long rat tail that was hairless.

Sebastian's father approached this strange feline to get a better look, and the rat cat spit out an orange substance that missed him by a few inches. Sebastian's father looked at the orange substance that was now sitting upon some fallen leaves. The leaves started dissolving.

Sebastian's father yelled out to Sebastian that the orange substance was some kind of acid!

Sebastian's father picked up a rock and threw it at the strange creature. The creature swiftly, like a rat, scaled up into the tree and leaped onto another tree. It moved so quickly that Sebastian and his father could no longer see it.

Sebastian claims that the creature had a long, hairless rat tail, it was not normal, and this was no house cat.

As Sebastian and his father walked away from the area, things got a bit stranger. Sebastian and his father heard a strange beeping sound and looked around but didn't see anything. Sebastian then looked into the sky and saw a bluish orb hovering in the sky. He said it was the size of a Volkswagen.

The bluish orb appeared to be observing them and hovered in one area for approximately five minutes before it whisked away at incredible speed. Sebastian said that it was the only paranormal experience he had in Puerto Rico, but it was an experience that he will never forget.

Sebastian wonders if somehow the rat cat creature was associated with the UFO and if the UFO was observing them to monitor their reactions when encountering the rat cat. ♦



A tale of a young lady named Rae,
who has the unique ability to see between
worlds, and interact with the 'imaginary'...



Available at
amazon

The House on Joppa Farm Road

By Maria Maldonado

While scrolling on a social media site a few weeks ago, I came upon an interesting question: “Why do you think people get into the paranormal field”? Someone answered, “Because it may be their hobby.” Another person said, “Maybe they want to see if ghosts are real.”

Hmmm, those are reasonable answers, I thought to myself. After taking in a deep breath, I decided to add my reason. “I believe that sometimes people are chosen to become a part of the paranormal realm. They don’t necessarily choose it. However, it chooses you. As it did not only in my case, but other family members as well.”

I’ve chosen to share my first paranormal experience with everyone. My first encounter wasn’t my last. I have been given the ability to connect with the spirits until I become one.

The Beginning

Do you believe in ghosts? Apparitions? A spirit or image of someone who has died and reappeared but not always seen by everyone? Or, perhaps you enjoy hearing stories about the afterlife, especially the kind that leaves you wondering if it was fact or fiction. Well, what I’m about to tell isn’t fiction at all. It is all facts; I know this because I experienced it when I was about seven years old.

My family didn’t have much money when I was growing up. Our mother was a single parent of 10 children. Although a couple of my older siblings had moved out on their own, there were still six of us left for her to raise

all alone. She often struggled to pay the bills. When she could no longer afford to pay the rent where we lived, she packed up everything we owned and we moved in with my oldest sister, Ann, her husband, Joe, and their children.

It was an old house, with lots of windows and a huge backyard, which was perfect for all of us kids to run around and play in. The house’s exterior was a pale pink and white, with some of the color peeling away. But it quickly became our home, and we were happy to be there.

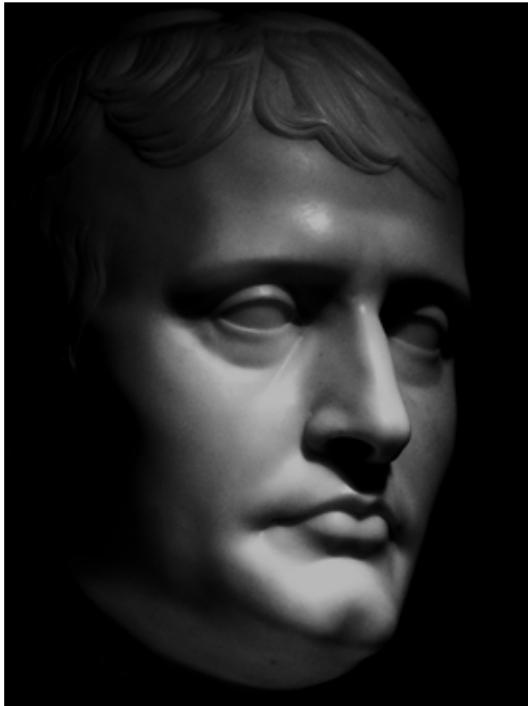
The Backroom

My sister and her husband had rented the house from a friend. When they had first moved into the house, they had noticed one of the bedrooms upstairs had a lock on its door. Thinking of the safety of their small children, they decided to remove the entire door.

There wasn’t anything out of the ordinary inside of the room. It was empty except for a small carpet lying on the floor and a hole in the wall. Once my family joined them in the home, that bedroom would become the very place where my brothers would be

sleeping. We called it “the backroom.” Our mom and us girls shared the bedroom right before you would enter the “back bedroom.” It was sometimes a bit crowded, but we made it work.

No one ever questioned why the room had a lock on the door, even though the property was vacant. Little did we know we were about to become acutely aware of the terrifying reason why it should’ve been left undisturbed!



My first paranormal encounter was coming face to face with “The Sad Man.”



The House on Joppa Farm Road would come alive. Doors would open by themselves, floors would creak when no one was walking on them, and apparitions appeared to multiple family members.

My First Paranormal Encounter

Everyone got along well with our new living arrangements. We helped with the younger kids and were anxiously waiting for my sister to give birth. The house had two levels, so my mom tried her best to keep us in our living area as much as possible when it was television time.

I wouldn't say I liked the house from the moment I had first laid eyes on it. I would often get such an eerie feeling, as though something wasn't quite right. You know, the kind of feeling you sometimes experience when you thought someone had whispered your name but you're home alone. Or maybe you're almost positive you just saw someone or something run past you or you saw a shadow coming down your stairs, but you tell yourself it isn't real. You can hear your heart starting to pound almost out of your chest. But, you realize you're just letting your imagination get the best of you. Well, unfortunately, what I'm about to tell you wasn't my imagination.

I would be the first one to return home from school. My daily routine would be to come home, change out of my school clothes, get a snack, do homework, go upstairs, and watch television or play with my dolls.

I would pretend to serve them tea and cookies while sitting on the floor. However, this day would be unlike the others. As I sat on the floor playing with my dolls, I heard someone calling me by my first name. "Gwen," they were saying. Feeling a little puzzled because I thought all my brothers were either at work or school, I just decided to ignore it, thinking it was all in my mind. So, I continued with my playtime, but I heard it again.

This time it would be louder, a little dragged out, and sad sounding. "Gwenmm," the voice said. It was a man's voice. Not a voice that I could recognize, so I knew it was a stranger. But what is a stranger doing upstairs in our house? I didn't know how to react. Therefore, I stood up and slowly turned around.

At that very moment, I became speechless. I saw was a strange man I had never seen before walking toward me in a stiff, jerky motion. His skin was ashy in color, and his eyes were black as coal, without any white showing. I don't remember what he was wearing, because I couldn't stop staring at his terrifying, lifeless face.

I opened my mouth to scream, but no sound came out. Suddenly, I tasted something very salty. The next

thing I could remember happening is hearing my mother's voice saying, "Gwen, what's wrong? Why are you screaming, and why is your nose bleeding?"

Once she could calm me down, my mom asked me to tell her what exactly had gotten me so upset. I took in a deep breath and started to explain what I had just seen in my brothers' bedroom. At first, I wasn't sure if she believed what I was saying, because she had this look of confusion on her face. After a few minutes of silence, she asked me again to tell her what I had seen. "You saw what?!"

I repeated my story to her. "I just saw a strange man in the boys' bedroom." At this point, she could see I was genuinely frightened and upset. My mom then took me by the hand, and we both went downstairs to join my sister and her children in another part of the house. We shared my encounter with the rest of the family that evening. However, they weren't quite ready to believe there may be someone else other than our family living in our home.

The House Came Alive

After what had happened that day, I no longer wanted to play upstairs alone after school. I started having nightmares, and my nosebleeds had become more frequent. I was no longer happy in our house like I used to be. Everything about it would creep me out. The doors would open all by themselves, and the floors would creak, although there would be no one walking on them at the time. Oh yeah, and when the wind would blow through the cracks of the windows and doors, instead of the usual whistling sound that wind makes, it would make a slow, achy moaning sound as if someone were in an eternal state of pain.

One day my brother abruptly called me upstairs to show me something he had found in the bathroom. It was a spider floating around inside, which to this day I am quite sure was a tarantula! I ran out of there as fast as my feet could go and never looked back. My first thought was, "Did that man in the back bedroom put the spider in the toilet to scare us?" Well, no matter how it got there, I knew I wasn't ever going to use that bathroom again.

My happiness was fading away more and more with each passing day. I refused to be left alone. I had to have someone with me always. I am sure it was a bit annoying to my family having to escort me around the house, but they complied with my wishes.

More Paranormal Encounters With 'The Sad Man'

Our encounters with the "sad man" weren't over.

It was a hot summer night; we had a very intense thunderstorm. The flashes of lightning would light up our bedroom. The roar of the thunder made the entire house shake. You could hear tree branches scratching on the

window panes. Ignoring the heat, I decided to pull the blanket over my head in hopes of falling asleep faster.

Suddenly, I was awakened by a loud crack of thunder! As I sat up, a flash of lightning lit up our bedroom. As my eyes were coming into focus, I wasn't quite prepared for what I would see standing in the doorway of my brothers' bedroom. There he stood once again — the strange man I had seen that day after school. Not only was he calling my name again, but he was also pointing at me.

I didn't know what he'd wanted, and to be honest, I didn't care. I was worried for my brothers, who were in the same room with him, and for us girls. I turned and shook our mom as hard as I could until she woke up. She raised to see what was going on, simultaneously turning on our bedroom light. She sat up in bed without speaking a word. Once the lights came on, he was no longer there.

I am unsure if my mom saw him standing there; however, she jumped out of bed, went into my brothers' bedroom, woke them up, and had them sleep on blankets in our room for the rest of the night. She then hung a blanket temporarily over "the backroom" doorway. The next day it was decided the bedroom door would be returned to prevent anyone from entering that room. My family no longer felt safe living in this house, which we all shared. My sister and her husband found another place to live, and we did as well.

A few years after we had moved out, the house was totally demolished, and a new home now sits in its place.

Who Was the Stranger in the Back Bedroom?

As an adult, I learned the identity of the stranger in the back bedroom. Apparently, he was a relative of the people who rented the house to my sister. For reasons unknown to me, he had committed suicide in the back bedroom, which had been deemed unsafe to enter when my sister and her family had first moved into the home.

My brother, Jimmie, told us that he and others would often see the "sad man" looking out of the upstairs window while they would be outside. My sister has also informed me that he had visited her on numerous occasions. She said he never frightened her on their encounters; he appeared as a young man who seemed to be very troubled. You see, they both shared a brain disorder called "hydrocephalus," also known as "water or fluid on the brain." Perhaps this is why they had a special bond.

The memory of connecting with him haunts my family to this very day. I often wonder what happened to that man since his home was demolished. Has his spirit finally been set free? Or is he now trapped in a new room, still waiting for someone to help release him from his pain? Whatever the answer may be, I will never forget my experience at "The House on Joppa Farm Road." ♦

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ELVIS HAS LEFT THE BUILDING ... MAYBE

BY BOB FOUNTAIN, SPECTRAL TECH

It is said that spirits often frequent churches, hospitals, graveyards, and places where they experienced traumas before they died. Places like Gettysburg or Waverly Hills Sanatorium come to mind. In fact, most of the paranormal TV shows today focus on these types of locations and the spirits that inhabit them.

But spirits also make their presence known in locations where they experienced happier times. Weddings, births, schools, and playgrounds, are some of the places where entities go to share the joys of the living or remember the good times of their past.

Is it possible that a group of spirits can return to a place they frequented when they were alive?

We recently investigated a site that is a combination restaurant, bar, and entertainment center that's attached to a hotel located in Memphis, Tennessee. The owners of the site asked us to keep the actual location of the site private, so we won't be naming it in this article.

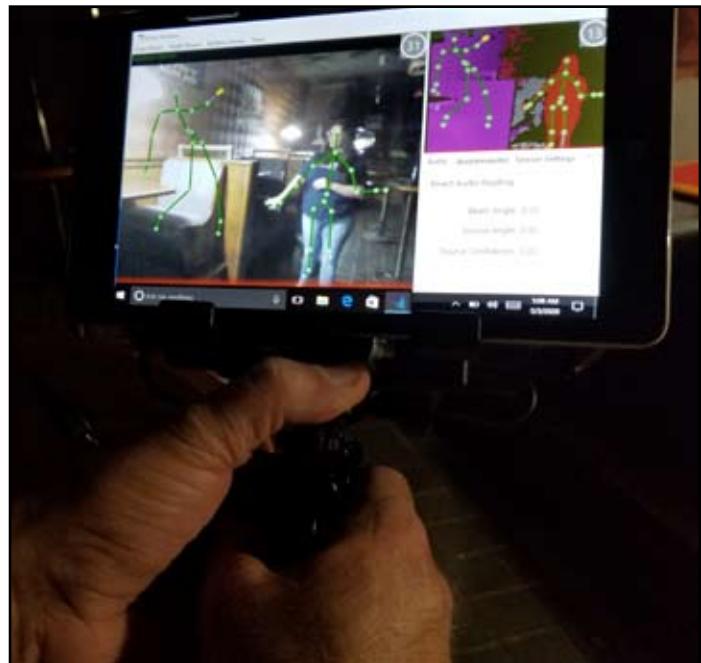
Elvis Presley, Carl Perkins, and Jerry Lee Lewis frequently came to this location and sat in their favorite booth, which was located in a far corner of the establishment. Elvis and Priscilla even stayed in the hotel while Graceland was being renovated.

Over the years, several guests and employees have seen what appears to be the apparition of Elvis at this location. He has been seen walking down the halls of the hotel. Some of the hotel staff have expressed discomfort when in the bar, saying they feel a presence and that it gives them the creeps.

The manager of this establishment initiated our investigation to see if the spirit of Elvis is still making his presence known.

Investigation

When our team (Dan, Angela, B.J., and myself) arrived, we noticed a difference in the energy by the bar and stage area compared to what was felt in the hotel lobby.



During the investigation, we got several captures of "stick figures" on the SLS camera, which projects an infrared grid and creates a stick figure of anything that is interpreted as being bipedal in shape.

Dan began the investigation with an initial sweep of the area to map out any high EMF levels while we prepared the IR and SLS equipment and determined the optimal locations to place the two IR cameras. Initial IR camera placement was overlooking the stage area and facing Elvis' special booth.

On review of all the video footage, one video clip seemed to show a shadowy movement shaped like a person moving on the stage, as well as what appears to be something hiding behind a large speaker located on the floor. However, we could not rule out that it was nothing more than a trick of the lighting.

Although we had six recorders placed throughout

the area, we captured very little interaction through these devices. This is not uncommon on initial investigations.

Over the years, I have found that entities are often reluctant to communicate on initial investigations for a number of reasons. They don't know who you are, they don't know what your intentions are, and they are afraid of the equipment or don't know how to interact with it yet. Negative entities sometimes won't interact at all because they don't want to be found, and they will simply hide.

The most compelling evidence we captured was with our SLS camera.

During the investigation, we got several captures of "stick figures" on the SLS camera, which projects an infrared grid and creates a stick figure of anything that is interpreted as being bipedal in shape.

Care must be taken to ensure the validity of these captures. By moving the camera's perspective of where these "stick figures" manifest, we can usually determine if the manifestation is real or a false read of what is being interpreted.

Two of these interactions were close to Elvis' corner booth and appeared to be valid interactions by an unknown entity. Both Dan and Angela had interaction with something close to the booths.

The entity interacting with Angela appeared to be touching her arm, and it was noted by Angela at the time. Angela stated that her arm was getting colder and her fingers were ice cold. This interaction was recorded and can be viewed on [Spectral Tech's Facebook page](#). The thing that validated this interaction was that we used a FLIR camera to scan Angela's arm right after the event, and it showed that her arm, which the entity appeared to be touching, was noticeably colder than her other arm.

Conclusion

One of the main objectives of the investigation was to determine if there is a spirit, or spirits, in the establishment, and if it could be Elvis.

Although this was an initial investigation, primarily to determine if there was any merit to the claims, it did validate that there was indeed some unknown presence in the building.

The interactions close to Elvis' special booth with Dan and Angela gave a strong indication that something there was curious and created physical reactions with the team members. It, however, did not attempt to communicate with us through any of our equipment, other than a few comments picked up on our digital recorders.

One notable EVP was a whisper of what sounds like "We gotta appear," which implies more than one spirit was present. Another EVP was captured when the Boo



On the SLS camera, an entity appeared to be touching Angela's arm. And Angela stated at the time that her arm was getting colder and her fingers were ice cold.

Buddy bear asked what color was the light in its belly. We captured a whisper saying, "Green," which was the correct color. This strengthened the belief that we were dealing with an intelligent entity.

The other original question was if whatever was interacting with us was the spirit of Elvis.

The initial answer to this type of question must always be "possibly." But no competent investigator can say without a doubt that something is definitely what it appears to be.

Spiritual entities can appear any way they want to be seen. There are volumes of literature where people have seen deceased relatives looking years younger than when they died. Negative entities often appear as grotesque beings to elicit fear. So, even if we saw an apparition of Elvis decked out in one of his Las Vegas outfits, the only honest answers would still be "possibly."

There is a likelihood that some of the observations of Elvis in other areas of the hotel could very well be residual imprints of when he stayed at the hotel or when he hung out with his friends.

Is it possible that the spirit of Elvis comes back to see if his old friends are back in the corner at "their" booth in spirit? Do they sometimes still sit in the corner booth and enjoy each other's company and the entertainment at their favorite hometown hangout?

We have been invited back to investigate further, but unless we hear a very distinctive voice that says, "Thank you, thank you very much," we will never know if Elvis is really still in the building. ♦

The Magic of Mystical Shasta

BY MARIA SCHMIDT, HAUNTED JOURNEYS



One of the strongest energy vortexes is said to reside at Mount Shasta in Northern California. (Photo: Haunted Journeys)

Some places have a higher vibration, incredible energy, and are totally reinvigorating. They invite us to cleanse, charge up, and perhaps redesign our whole being ... body, mind, and spirit so that we can be better, do better and feel better. Join us as we discover these mystical places so that we can perhaps explore and experience, if only in our minds.

Join us as we discover these mystical places so that we can perhaps explore and experience, if only in our minds. On our first journey, let's explore the magnificent Mount Shasta.

Mystical Journey: Mount Shasta

Mount Shasta, located in Northern California, offers one of the strongest energy vortexes in North America. Its dormant volcano draws thousands of spiritual seekers from around the globe each year.

With a summit of 14,125 feet above sea level, Shasta is the second highest peak in the Cascade Mountain

range. For anyone fortunate enough to look up at her, she is certainly majestic and powerful.

The Vortex of Mount Shasta

Our metaphysical ancient ancestors have taught us that a vortex is a gathering place of the Earth's sacred energy. They are portals to a higher dimension of consciousness.

Could this be why those who visit Shasta express a common feeling of being "drawn" to its mountainside? Many have claimed they experience an overwhelming sensation of lightness and peace, as never experienced before. Thousands even come to her side for her healing and transcendence ability. They gather here to find themselves and to discover their life's journey and purpose.

With this energy, often referred to as a "bliss," comes abundant tales of unexplained mysteries that have challenged us for decades. Could they be true?

The Native American Influence

Native Americans generally call upon mountains as sacred centers of the Universe, sometimes crediting them as the home of the creator. Shasta is certainly no exception.

Mount Shasta has been the epicenter of many native nations, straddling the territories of Shasta, Wintu, Achumawi, Atsugewi, and Modic tribes. The Wintu tribe has been the most influenced by the majesty of Mount Shasta, tracing their origin to a sacred spring on the mountain.

For many decades, August is the time many come for their annual mystical celebration and retreat.

The Legend of Telos

One common legend tells us of a hidden city beneath this glorious elevation, occupied by advanced beings from a lost continent. The city is called Telos, a crystal dwelling inside the mountain, that is inhabited by higher-dimensional beings called Lemurians.

The legend started back thousands of years ago with an ancient continent of Lemuria, located in the North Pacific Ocean. It is said that Lemuria was inhabited even before Atlantis. The two, Lemuria and Atlantis, got into a thermonuclear war and sank their own continents. With this, the Lemurians fled into Mount Shasta where they remain today, within its belly.

Have Lemurians Ever Been Seen?

There are a few stories from the 1940s where the Lemurians were seen in town. They are described as large, seven-foot-tall beings, dressed in long white robes and sandals. They actually traded merchant supplies for chunks of gold. That was then. Today they remain a mystery and a story.



Many curious travelers journey to the mystical and magical Mount Shasta to find out if the multiple legends of UFO activity, healing waters, sightings of Bigfoot, and secret city are actually true. (Photo: [@ianchen0](#))

Many believe that the saucer-shaped lenticular clouds that often gather at the summit of Mount Shasta are contrived by the Lemurians to disguise alien cargo ships docking at Telos.

Is Mount Shasta a UFO Hotspot?

Many folks from around the world have reported contact with extraterrestrial beings when visiting Mount Shasta. They are spotted when gazing into the star-filled skies above the mountain or while driving along its roads. Local residents have reported seeing ships passing through the night sky near the mountain.

Displayed at the local Mount Shasta Museum, there is a semi-permanent picture displaying incredible formations that have crowned the mountain.

Why is this a hotspot for UFO activity? Many say that it is the pure energy of the mountain that attracts evolved life forms to come there from throughout the Universe.



UFOs are often seen hovering over Mount Shasta, along with curious cloud formations. (Image: [UFOHOLIC](#))



Many believe that the saucer-shaped lenticular clouds that often gather at the summit of Mount Shasta are created by the Lemurians to disguise alien cargo ships docking at Telos. (Photo: Sarabecca Barnett)

Cryptoids in Shasta

One of Shasta's most popular paranormal claims is the abundant volume of Bigfoot sightings that have been reported there. In fact, these reports are some of the first chronicled in formal reporting portals.

One of the most significant occurred in 1976 when a camper thought one of these creatures to be a ranger, but in fact (after looking closely) they realized it was not a ranger at all!

Another report dates back to 1962 when a woman claimed to see Bigfoot actually giving birth in the Mount Shasta wilderness. How's that to hold truth to family togetherness in this majestic property!

Shasta's Amazing Waters

Because Mount Shasta's water comes directly from her mountain springs, her delivered water may possibly be the purest and the most energized in the world. Consuming the water spilled from Shasta is like drinking sparkling energy! Since water can function like a crystal,

it amplifies everything, therefore proclaiming its healing capacity.

You will always find multitudes of people at the Mount Shasta City Park, where the Sacramento River headwaters are located. They are there with their five-gallon jugs and bottles, collecting this magical potion. In fact, rituals and ceremonies are often performed near multitudes of Mount Shasta's springs and waterfalls, taking advantage of its believed profound healing effect.

Mount Shasta's Presence

She is mysterious, beautiful, almost over-whelming. Shasta is certainly breathtaking. She fills the soul with energy, goodness, and personal insight. We hope you will get to experience Mount Shasta soon, for it will return your efforts many-fold.

As the poet Joaquin Miller wrote: "Lonely as God, and white as a winter moon, Mount Shasta starts up sudden and solitary from the heart of the great black forests of Northern California." ♦

Bigfoot has been spotted near Mount Shasta!

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TRANSFORMATION TEA

By Karen Frazier, AuthorKarenFrazier.com

I recently published a new book, *Transform Your Life With Alchemy*. The book is “a practical guide to dissolve self-doubt, balance your mind, and center yourself.” It has been such a pleasure hearing from those of you who are reading, doing the work, and seeing change. I celebrate your honest intention for change and send you love and healing as you do!

So, as a thanks, I’ve brewed you up a special batch of tasty tea, something I like to call Transformation Tea. It uses the magic of the beautiful color-changing tea made with butterfly pea flowers (you can order it on Amazon); or, for those looking for something a little ... stronger ... you can also use a butterfly pea flower gin, such as Empress 1908 gin. Why this ingredient? Because butterfly pea flowers make a beautiful cornflower blue tea that, when it comes in contact with acidic ingredients, transforms into a beautiful violet color.

Butterfly pea flower as an ingredient can also help decrease stress, induce calmness, refresh your mind, and bring positive energy into your life; so, it’s the perfect beverage to consume as you work on your own personal transformation! Also in the tea is hibiscus and honey syrup (homemade), which is loaded with beneficial anti-oxidants to support your overall health.



Ready for your recipe? Here it is. Remember, don’t stir this; serve it in all its beautiful layers, and then let the person you serve it to stir with a glass straw.

The Recipe

- 2 ounces honey hibiscus simple syrup (combine equal parts boiling water and honey and then steep with hibiscus blossoms for 10 minutes and chill)
- 3 ounces pineapple juice
- Juice of 1 lemon
- 2 ounces butterfly pea flower tea, chilled
- In a collins glass filled with ice, pour in the cooled syrup.
- Carefully add the pineapple juice over the syrup (don’t stir).
- Squeeze the lemon juice on top of the pineapple juice.
- Pour the butterfly pea flower tea over the top. It will turn from a cornflower blue to a lovely violet as you do (the pea flower tea changes color with the pH of the lemon juice).
- Carefully slide in a glass straw so you don’t disturb the layers and serve it — let whomever you are serving it to stir so they can see the layers.

Looking for a boozy version? Replace the butterfly pea flower tea in the last step with an equal amount of Empress 1908 gin or another butterfly pea flower gin. ♦



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DOES LEARNING ABOUT MACABRE, THE STRANGE, OR THE WICKEDLY EVIL
FEED YOUR SOUL?**

Then I invite you to join me at "Where the Dark Corners Are", a podcast geared toward people who believe in the paranormal, who love traveling, who seek the ghastly stories, and learn about the morbid, the chilling and the seriously spooky.

Using the haunted world as our road map, each week we will visit a ghastly hot spot, anywhere from the port of New Orleans to the abandon castles of Romania.

And, as a gruesome bonus, on occasion, I will be joined by Da Panda, Panda Mike, as we take a road trip to a specific location, where we stop and discuss said place of absolute darkness and the horrifying madness that transpired there.



WHERE THE
DARK CORNERS
ARE



So join us on



Prosperity: The Power of 5/5 at 5:55

By Dr. Athena Perrakis, Sage Goddess



Are you ready to receive? Because May is the month of abundance. It's the fifth month of the calendar year, and five is the number of money.

Money exists first in the etheric realm as an energy, then manifests in the material realm. All you wish for is already there, waiting in the ether. May's a great time to call it in, especially on 5/5!

The sequence of 555 denotes a time of life choices, major change, and opportunity. When you set an intention on 5/5 at 5:55 (a.m. or p.m.), you can use this positive energy to your benefit. I wrote this article to share the possibilities available to you with this once-a-year opportunity!

To receive, we have to make room. It's challenging to accept new things if we're blocked because it prevents them from flowing in. This is a perfect time to

release attachments to make room for the new. You can forgive those who have harmed you. You can let go of things, patterns, or relationships that aren't serving you. You can literally clean out your closets and donate your belongings so that someone else can receive what they need. Spring clean!

Along with physical blocks, there can also be mental blocks, such as limiting belief systems around prosperity. It's time to redefine what "success" means to you! Imagine all that is possible. Big, infinite, beautiful, intoxicating possibility. When doing any manifestation work, it's important to have the vision and to be able to hold it for exactly what it is you want.

Anything you dream won't come close to what the Universe can create through you if you move out of the way and start believing. And when you appreciate the gifts

you already have, the Universe knows you're ready to receive more (and more)!

As you make room for new things to flow, actively practice gratitude for what's being shed, as well as what you have. When the Universe hears you acknowledging your blessings, you're more likely to attract what you seek into your life. You are wise, you are well, you are powerful, you are loved, and you are wealthy!

In May at Sage Goddess, we're working with Lakshmi, the Hindu goddess of wealth, prosperity, abundance, and love. She's the personification of beauty and adorns herself in rich jewel tones of crimson, fuchsia, and gold as a symbol of her prosperity. Her graceful essence is a reminder that beauty is everywhere, as long as we open our eyes to it.

Lakshmi is held in high regard in the Hindu tradition, where

she represents good luck and fortune. Her four arms symbolize the four pillars of human existence — dharma (cosmic law and duty), kama (love and desire), artha (material wealth), and moksha (self-actualization). She's the perfect goddess to work with to receive the abundant gifts available to you, especially on 5/5 at 5:55!

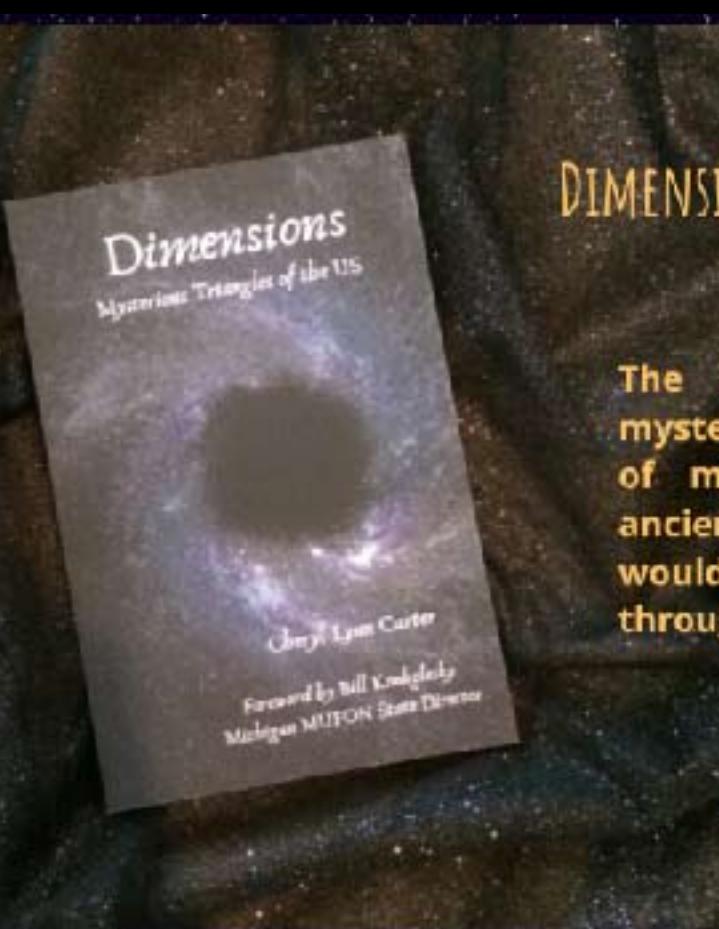
How will you work with this time of major manifestation and money magic? Take some time to write down exactly what your life looks like when you have everything you desire (pro tip: Write in the present tense). Keep a gratitude journal.

This is a call for you to come into alignment with your greater purpose. It's a moment to become more active and co-create your destiny!

I can't wait to see what unfolds for you. May it be bigger and better than anything you've imagined. ♦



Photo: Vivek Sharma / Unsplash



DIMENSIONS: MYSTERIOUS TRIANGLES OF THE US

by Cheryl Lynn Carter

The Earth's surface is endowed with mysterious triangular patterns that whisper of mystical energy and vibrations. The ancients considered them doorways that would enable one to traverse time and move through dimensions.

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WALK-INS: The Dangers of Séances

By Willie Windwalker Gibson

When I was in training to become a shaman, I found that the energy I put out drew spirits in. It was if no matter where I lived I always lived in a haunted house. But, in fact, the house was not haunted, I was.

It was nothing to have a spirit just take over my body and start talking to people. Many times I would talk in someone else's voice, including a child's voice. I tried to shy away from séances, because it would turn out to be grand station for spirits.

If anyone has ever seen the movie *Ghost*, when Whoopi Goldberg's character would have a séance, she would have 100 spirits ready to come in and talk using her body. That has happened to me many times. It got to a point where I had to stop doing séances because it was too tiring for me.

I also learned that not all spirits are patient. They want to talk when they want to talk, and if you don't want them to talk through you, they sometimes jump you or "walk in" anyway. This is a violation to the gifted medium. It's like a psychic rape — a spirit entering you by force without your permission.

I watch TV shows where people provoke the spirits "to do something." To talk or to move something. I see the investigators or unexperienced medium taunt a spirit, demanding that the spirit hit, scratch, or even talk through them. Spirits just wait for the uneducated to do this so they can walk in and do whatever they want, most of the time its mayhem because of the inexperience of the person they are "taking over." They will have fun with that person, forcing their will upon that person.

I was invited to a séance once as a guest. When I got to the house, there were about eight people there already. I was shown to a huge dining room. The others there seemed to be either drunk or were there just to have fun.



Right away I knew there was going to be a problem. The woman hosting the séance had us set down at a large dining room table that sat a good 12 people.

I sat down in a seat that was in the middle of the table. The woman who was hosting the séance told us she was going to be the medium running the séance and that she would be in control. In the middle of the table was a lamp with a blue light in it. The medium told one of the other guests to turn off the overhead light, and then she turned on the blue light.

I asked the woman in charge why she had the blue light. She told me it attracted the spirits better. I had done dozens of séances in the past and knew that candlelight was the best lighting for a séance. The woman had us hold hands, and then she closed her eyes and started asking spirits to join us.



Again a rookie mistake not doing a protection prayer first. So I did one for myself quietly. As we sat there, I could feel something enter the room. The energy was dense; it didn't feel good to me. The woman had opened a portal that I knew was bad. She asked out loud, "Is anyone there?"

A few seconds passed, and then the woman tensed up and arched her back. She began to speak in a deep voice. "I AM HERE." One of the other guests asked, "Who are you?"

The voice started to laugh and said, "ME!"

The other guest asked, "Have you a message for us?"

The voice answered, "You're all fools. You have no idea who I am!"

At this point, I knew then I had to do something. I said out loud, "Be still foul spirit. Go back to where you

came from in the name of Jesus Christ!" I turned off the blue light to close the portal, and then walked over and turned on the main light.

The woman leading the séance was just sitting there in a trance. I walked over to her, gave her a shake, and she came back to herself. She looked at me and asked me what happened. I told her never to do this again.

I bluntly told her that she didn't know what she was doing, and the group was obviously seeking thrills not spiritual enlightenment. I turned and walked out.

There are always spirits out there waiting to come through a channel via a portal. If you don't know what you're doing at a séance, don't do it.

Make sure the séance leader knows what they're doing and is a pro doing it. Otherwise, it can be a dangerous situation. ♦

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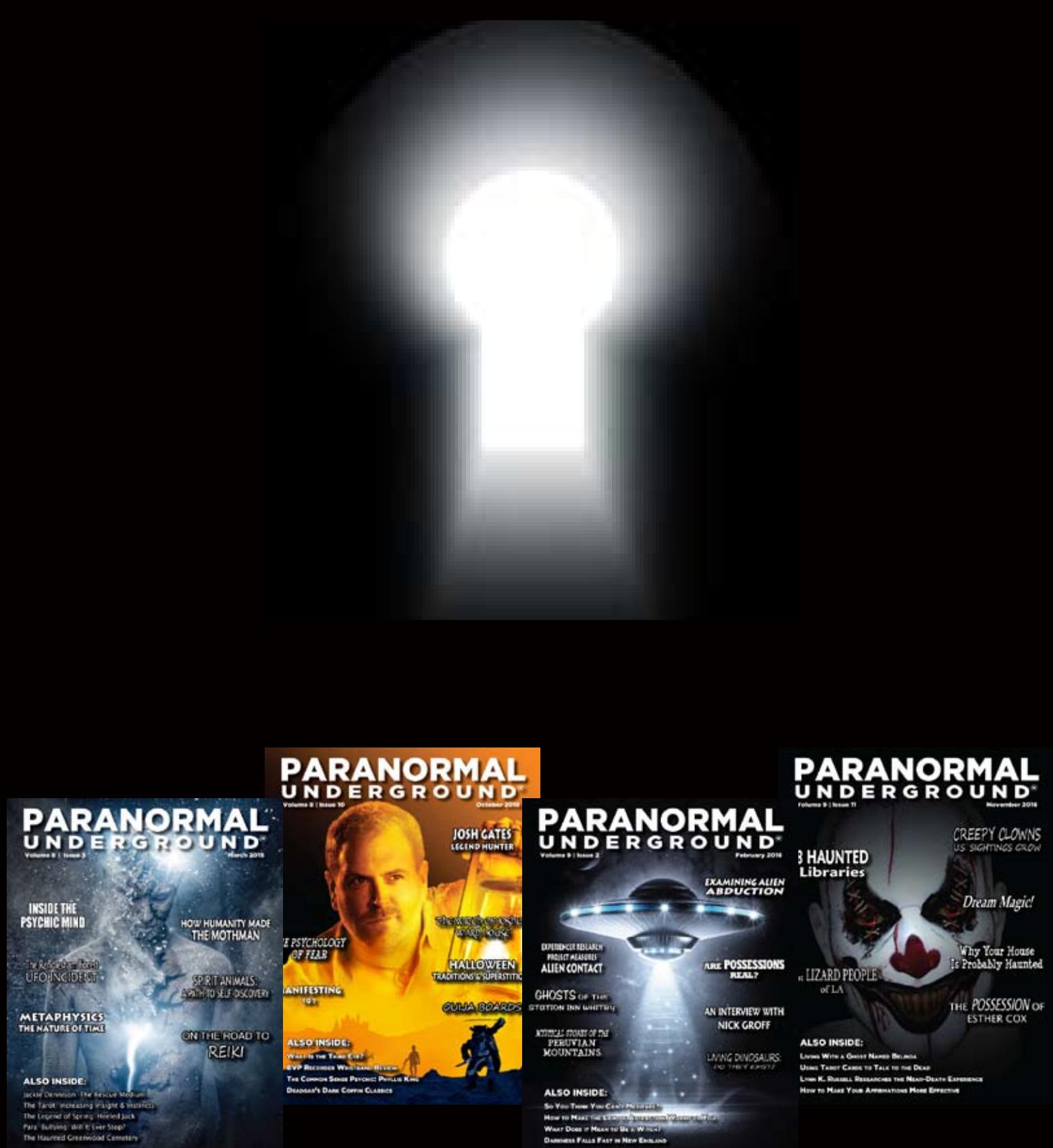
Calling all EVP enthusiasts!

My name is Ann, & studying, researching, & investigating EVP is a passion of mine. What began as a hobby has become something so much more important!

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